

ELEMENTARY HEALTHY SNACK & BEVERAGE PROGRAM

For your convenience, we offer both a snack and snack beverage program in all the K through 6th grade and All-Day K classrooms each day. **BEVERAGE:** Choices are 100% fruit juices, white or chocolate lowfat milk or water and are available at a cost of **\$80.00** per year.

SNACK: Choices are fresh fruit & veggies, string cheese, or wholegrain crackers and are available at a cost of **\$80.00** per year.

COMBINATION Snack AND Beverage for K - 6th grades is available at a cost of **\$145.00** per year.

To participate please fill out the payment form, sent home in your child's opening day information with a check to DCS F&N in an envelope marked "F&N SNACK" with your child's first and last name and the teacher's name, . Return it to the F&N Department in your student's building.

You may also pay with an electronic check or by credit card on the District web site. Click on "Parent Info" then click on "**PaySchools online payment processing system**" in the last paragraph highlighted in maroon. Follow the prompts for "Snack and Beverage Program"

Snack & snack beverage may be purchased **BY THE FULL YEAR ONLY.** If paying is a financial hardship, please contact the Student Accounts Manager at 424-4185, to arrange a payment plan.

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

- (1) mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410
- (2) fax: (202) 690-7442; or
- (3) email: program.intake@usda.gov.

This institution is an equal opportunity provider.



DEXTER COMMUNITY SCHOOLS FOOD AND NUTRITION SERVICES 2016-17 PROGRAM GUIDE



School meals continue to be one of the most nutritious, economical choices around. Parents can view menus, payment options and obtain free and reduced meal benefit forms from the Dexter Community School District's web site. Questions? Call us at 424-4100, extensions 1501, 1502, or 1503.

Meal Prices

CORNERSTONE/BATES

STUDENT BREAKFAST	\$1.50
STUDENT LUNCH	\$2.75
A LA CARTE MILK OR JUICE	\$.50

CREEKSIDE/WYLIE

STUDENT BREAKFAST	\$1.50
STUDENT LUNCH	\$2.75
A LA CARTE MILK OR JUICE	\$.50
EXTRA PIZZA SLICE ALA CARTE	\$1.75

MILL CREEK

STUDENT BREAKFAST	\$1.75
STUDENT LUNCH	\$3.00
EXTRA PIZZA SLICE ALA CARTE	\$1.75

DEXTER HIGH SCHOOL

STUDENT BREAKFAST	\$1.75
STUDENT LUNCH	\$3.00
EXTRA PIZZA SLICE ALA CARTE	\$1.75

MEAL DEBIT ACCOUNT CUSTOMIZING

At all buildings, we offer the ability to customize your child's account by setting limits and/or blocking purchases. If you are interested in using this service, email us at fnaccts@dexterschools.org or call us at 734-424-4185.

How Do I Pay For My Child's Meal?

- To eliminate the need for students to carry cash to school, a simple meal debit system is used. Similar to a debit bankcard, a deposit is made to your child's account. The price of a meal is deducted at the time of purchase.
- At your convenience, you may view your student's account balance and history online. There is no fee for this service. Go to **SendMoneytoSchool.com** to set-up an account. (You will need your student's ID number). Click on the "sign-up" link and follow the steps.
- **SendMoneytoSchool.com does charge a \$1.75 fee for deposits made on line.**
- **Dexter Community Schools does not charge a fee for check or cash deposits made at school (in an envelope marked with "Student's name-Lunch Money" to either Cafeteria or Office or Teacher) or by mail (write check to: DCS F&N, 7714 Ann Arbor St., Dexter 48130.**
A \$25 fee will be assessed for checks returned for any reason.
- Students may also check their balances as they purchase at the register.
- **It is your responsibility to make sure your child has money in his/her account. Parents are expected to send money or send a lunch from home.**
- **Students are not allowed to carry a lunch negative at Mill Creek Middle or Dexter High School.**
- **Absolutely no ala carte items may be purchased when an account is negative at any school in the district.**
- **Elementary students whose accounts continue to be negative will not be allowed to choose their entrée.**

If you have further questions please contact Dara Wandyg, Student Account Mgr. Manager, at 734-424-4185 or 734-424-4100, ext. 1503.

SOME FREQUENTLY ASKED QUESTIONS ABOUT www.sendmoneytoschool.com

What if I don't know my child's ID number? Please contact Food and Nutrition Services (734-424-4185) to get the ID number.
SendMoneyToSchool.com cannot process requests without correct ID numbers.
Can I make one deposit for all of my children? Yes. When you make the deposit, you will tell us how much you want to place in each child's account.
SendMoneyToSchool.com will show you the total charge for all deposits and will combine them into a single transaction. However, once completed, you will not be able to move money from one child's account to another.
Please contact us using the numbers below if you have further questions.

Dara Wandyg, Student Accounts Manager, 734-424-4185
Jennifer Mattison, Director, 734-424-4186
Roxanne Maze, Assistant Director, 734-424-4187

What's for Lunch?

- Everyday a main entrée, hot vegetable, salad bar w/ fruit and vegetable choices are served.
- 100% fruit juices and lowfat white and nonfat chocolate milk
- Meal alternates include yogurt, turkey deli sandwiches, PB&J Uncrustables and a variety of salads.

Special Needs?

Carbohydrate and sodium counts are available. For those or any further dietary concerns, please contact Jennifer Mattison, Food Service Director at 734-424-4186.

What is a Complete Meal?

A school lunch offers 5 components regulated by federal guidelines.

They are:

- Breads and /or grains** - ex: rice, barley, quinoa, bread, pizza crust or breadstick
- **Meat/meat alternative** - ex: chicken, beef patty, cheese, beans, yogurt, soybeans, or peanut butter
- Fruits and Vegetables** - vegetable, a piece of fruit and/or a juice.
- Milk** - an 8 oz., serving.

The USDA strictly specifies portion size, minimum calorie, vitamin, nutrient, fat and sodium content of each school meal. Parents, please help your child understand that they must choose three components that include a half cup fruit or vegetable to receive student meal pricing, however, we encourage all five be chosen.

Applying For Free and Reduced Price Meal Benefits

- Free and reduced price benefits are available to us from the Federal Government. We welcome applications at any time during the school year. If you think you may qualify, please fill out the appropriate form. Applications are available on-line, via Lunchapp.com, Dexterschools.org or in your school cafeteria and in your school office.
- If you qualified last year for meal benefits, please reapply this year by September 28th to continue uninterrupted benefits for the 2016-2017 year. Please complete and return an application ASAP to avoid a disruption in service for your child.
- Visit Lunchapp.com to complete your application online or you can send completed applications, sealed in an envelope, to Jennifer Mattison, Food Service Director 7714 Ann Arbor Street, Dexter, MI 48130, or to your school.