Mill Creek Mariner

January 20-24

Project SUCCESS

Middle school students deal with multiple stressors and need to be equipped with the skills to manage them in safe and healthy ways. Dexter Community Schools is implementing a new program called Project SUCCESS. This program is a collaboration between Dexter Community Schools and St. Joseph Mercy Chelsea, Inc., and is made possible by Community Mental Health Partnership of Southeast Michigan grant funding. Project SUCCESS is an evidence-based program that prevents and reduces alcohol, tobacco and other drug use, thus improving school performance.

Project SUCCESS is comprised of a Prevention Education Series, Individual and Group Counseling, Parent and Education, Faculty Consultation and School-Wide Awareness Activities. Project SUCCESS groups aim at bringing awareness to the risks of substance use, how to cope with stress positively, and how to utilize refusal skills. Screening and assessment for services can be provided, so appropriate referrals for substance abuse or mental health treatment and/or other services in the community can be made, as needed.

Please help me welcome Trista Palmer, MA, LPC to Dexter Community Schools as the new Project SUCCESS Prevention Specialist. She is a Licensed Professional Counselor and has a Master's degree in Art Therapy, experience in working with adolescents, and specialized training in prevention and early intervention strategies. She will be available to see students who are at risk or using substances or have personal, school or family issues that could lead to substance abuse. Mrs. Palmer will be on Mill Creek campus Thursdays, during school hours and can be reached at email: palmert@dexterschools.org or (248) 251-8206 for further information or if you would like to make a referral.

WHEN TO KEEP A SICK CHILD HOME

Children are most successful in school when they are present for as many days as possible. However, children who are sick need to stay home if they will not be able to concentrate sufficiently on learning or if they may cause others to become sick.

To help reduce the spread of illness to students and staff, please keep your child home for the following reasons:

- **Temperature Greater than 100 degrees:** Your child should be fever free (without being medicated) for 24 hours before returning to school.
- **Rash:** Check with a doctor before bringing a child to school with a rash.
- **Vomiting:** A child may return to school after s/he has not thrown up for 24 hours and is back on a regular diet.

- **Diarrhea:** A child who has a loose stool more than one time in 24 hours, should stay home. S/he may return to school after being diarrhea free for 24 hours.
- **Cough/Cold:** A child with a severe or frequent cough and a runny nose is likely not to feel well enough to concentrate sufficiently on learning. S/he would benefit from more rest and fluids at home.
- **Doctor Recommendation:** If a child has been prescribed an antibiotic, check with the doctor to see if the child needs to be on medication 24 hours prior to returning to school

Order Your Mill Creek Yearbook

It's never too soon! Mill Creek yearbooks are on sale for $36.00. Remember, all books are sold through Walsworth, not Mill Creek. The link to buy a yearbook can be found on our Mill Creek website under "Parent & Student Resources". Because all yearbooks are purchased directly through Walsworth, and not through Mill Creek, it is imperative that you keep a copy of your receipt until books are delivered near the end of the year. Below is a link to purchase:

Order Your Yearbook Today!

Mill Creek Athletics

Please feel free to visit the Mill Creek Athletic Site to stay up to date sport schedules, practices, and coaching information:

Mark Your Calendar
Mill Creek Dates
2020

Jan 20	No School - MLK Day
Jan 29	MC Band Solo & Ensemble Preview 7-8 pm @ DHS CPA
Feb 8	Band, Orchestra, & Chorus - Solo & Ensemble
Feb 14	Half Day Students Released at 11:40 am
Feb 17	No School
Feb 18	MC Orchestra Festival Preview 7-8 pm @ DHS CPA
Feb 20	MC Band Festival Preview Concert 7-8 pm @ DHS CPA
Feb 25	All Choir Concert - 7-8 pm @ DHS CPA
March 5	Band Festival @ DHS
March 6	Chorus Festival @ DHS
March 13	Half Day Students Released at 11:40 am (PM = PDD)
March 17	All Orchestra Concert 7 pm @ DHS CPA
March 20	Dance Marathon 3:15 pm

March 22	Band Extravaganza @ DHS
March 24	Coffee Hour 6:30 pm
March 27	Third Quarter Ends
March 30	Spring Break Week
April 6	No School - PDD
April 7	School resumes
April 14	PSAT Testing - 8th Grade
April 15	8th grade Parent / Student Meeting - Those attending 8th grade DC trip
April 17	7th Grade Lock In @ 3:30 pm
April 21	Coffee Hour 7:15 am
Apr 27-May 1	8th Grade Washington DC Trip
May 7	Spring Band Concert 7 pm @ DHS CPA
May 19	Coffee Hour 6:30 pm
May 21	MC Orchestra Spring Concert 7 pm @ DHS CPA
May 22	No School - PDD
May 28	MC Choir Broadway Review 7 pm @ DHS CPA
June 3	8th Grade Move Up Day
June 11	Half Day Students Released at 11:40 am
June 11	8th Grade Salute Night 7 pm @ DHS CPA
June 12	Last Day - Students Released at 11:40 am
June 15	Cedar Point Trip