

# DEXTER ATHLETICS DEPARTMENT

## SUMMER 2020 June 15th, 2020



# SAFETY PROTOCOLS FOR ALL TEAMS/PROGRAMS

## SCREENING

1. ALL STAFF AND PARTICIPANTS ARE REQUIRED TO COMPLETE A HEALTH SCREENING FORM EACH DAY
2. IF STAFF OR PARTICIPANTS HAVE ANY SYMPTOMS LISTED ON THE FORM, THEY ARE REQUIRED TO STAY HOME

## STAFF

1. WILL RECEIVE HEALTH/SAFETY PROTOCOLS AND EXPECTATIONS TO FOLLOW.
2. WILL ENSURE THAT PROPER SPACING, CLEANING AND ACTIVITIES TAKE PLACE
3. STAFF IS REQUIRED TO WEAR MASKS DURING WORK-OUT SESSIONS

## SPACES

1. CONTROLLED PICK UP AND DROP OFF
2. ALL PROGRAMS WILL BE DESIGNED WITH SOCIAL DISTANCING IN MIND
3. WHERE POSSIBLE, SIGNAGE WILL BE POSTED FOR PARTICIPANTS
4. ONLY OUTDOOR AND LARGE SPACES WILL BE USED UNTIL FURTHER NOTICE

## MASKS

1. MASK SHOULD BE WORN, THIS APPLIES TO BOTH STAFF AND PARTICIPANTS. EXCEPTIONS ARE DISTANCE RUNNING OR HIGH-INTENSITY AEROBIC ACTIVITY.
2. FACE COVERINGS DO NOT HAVE TO BE "MEDICAL GRADE" MASKS

## CLEANING

1. ALL PROGRAMS WILL BE PROVIDED WITH A CLEANING KIT TO ENSURE PROPER SANITATION PRIOR TO AND AT THE END OF THE PROGRAM EACH DAY
2. CUSTODIAL SERVICES WILL SANITIZE DCS FACILITIES DAILY

## EQUIPMENT

1. WHEN USING EQUIPMENT OF ANY KIND, PARTICIPANTS AND STAFF WILL HAVE NECESSARY CLEANING SUPPLIES
2. EQUIPMENT WILL BE SANITIZED



# DEXTER ATHLETICS DEPARTMENT | SUMMER 2020 UPDATE FROM THE OFFICE

## PRE-SCREENING WORKOUT

- All coaches and students will be screened daily for signs/symptoms of COVID-19 prior to participating.
- Temperature Check: Anyone with a temperature of greater than 100.3 degrees will be sent home.
- Responses to screening questions for each person will be recorded and stored
- Any person with positive symptoms reported will not be allowed to participate, should self-isolate, and contact their primary care provider or other health-care professional.

## WORK-OUT SESSIONS

- Workouts will be designed by staff with health and safety in mind.
- All athletes must bring their **own water**. Bring enough water for the entire work-out
- No water access will be provided
- Do not spit at all - air, ground, equipment, hands, sunflower seed, tobacco etc.
- Equipment sharing should be limited with intermittent cleaning as advised by the coaches and staff

## CONTACT US

- Communication will be made through coaches and staff
- Questions with protocols and other items should be made directly to the athletic department  
Mike Bavineau      [bavineaum@dexterschools.org](mailto:bavineaum@dexterschools.org)      734-424-4100 ext 1101
- Please follow Dexter Athletics on Twitter, Facebook and/or Instagram for latest information