

Rights, Respect, Responsibility

A K-12 SEXUALITY EDUCATION CURRICULUM

Excerpted Lesson Summaries (grades 7-8 and 9-12)

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Everybody's Got Parts - Part 1

NSES ALIGNMENT:

AP.8.CC.1

HOMEWORK: Yes**TARGET GRADE:** Grade 7
Lesson 1**LESSON SUMMARY:**

This lesson reviews the anatomy of a person assigned female at birth via a worksheet completed in small groups. The teacher then reviews the correct answers using an animated online diagram. The homework is a humorous crossword puzzle involving anatomical terms and functions.

Everybody's Got Parts - Part 2

NSES ALIGNMENT:

AP.8.CC.1

HOMEWORK: Yes**TARGET GRADE:** Grade 7
Lesson 2**LESSON SUMMARY:**

This lesson reviews the anatomy of a person assigned male at birth via a worksheet completed in small groups. The teacher then reviews the correct answers using an animated online diagram. The homework is a humorous crossword puzzle involving anatomical terms and functions.

Reproduction Basics

NSES ALIGNMENT:

PR.8.CC.1

HOMEWORK: Yes

TARGET GRADE: Grade 7
Lesson 3

LESSON SUMMARY:

This lesson explains reproduction to students using a PowerPoint presentation and includes a teacher's resource with sample definitions and language that can be used. Students then receive cards and try to arrange themselves in the correct order of a 28-day menstrual cycle showing where sperm would need to be present in order for a pregnancy to occur as well as how methods of contraception can prevent pregnancy. The homework is watching a short video about pregnancy myths and answering questions on a worksheet.

Great Expectations: Signs and Symptoms of Pregnancy

NSES ALIGNMENT:

PR.8.CC.5 & PR.8.CC.6

HOMEWORK: Yes

TARGET GRADE: Grade 7
Lesson 4

LESSON SUMMARY:

This lesson reviews the early symptoms of pregnancy by having students match images with the symptoms on a worksheet. The teacher then reviews those symptoms using a teacher's guide and PowerPoint and introduces the concept of prenatal care. The lesson ends by inviting students to submit anonymous questions about pregnancy to be answered in a subsequent class. The homework involves students interviewing a person who has been pregnant, gave birth and became a parent in their life.

Protecting Your Health: Understanding and Preventing STDs

NSES ALIGNMENT:

 SH.8.CC.1 & SH.8.CC.2 & SH.8.CC.3/
PR.8.CC.3

HOMEWORK: Yes

TARGET GRADE: Grade 7
Lesson 5

LESSON SUMMARY:

This lesson has students, in teams, try to determine which STD their group was assigned based on clues posted around the room. Students then compare different sexual behaviors and their risk for transmitting STDs which the teacher processes using a teacher's guide. The homework assignment is to visit a website specifically about HIV/AIDS and completing a worksheet.

I Am Who I Am

NSES ALIGNMENT:

ID.8.CC.1 & ID.8.IC.1

HOMEWORK: Yes

TARGET GRADE: Grade 7
Lesson 6

LESSON SUMMARY:

This lesson defines sexual orientation and gender identity via a detailed PowerPoint and then students complete a myth vs. fact worksheet individually before comparing responses with a partner. Teachers review the worksheet using the Teacher Answer Key. The homework involves viewing a video clip and responding to questions.

Blue is For Boys, Pink is for Girls... Or Are They?

NSES ALIGNMENT:

ID.8.INF.1

HOMEWORK: Yes

TARGET GRADE: Grade 7
Lesson 7

LESSON SUMMARY:

This lesson explores gender by starting with a PowerPoint presentation of typically stereotypical items or hobbies and asks students to reflect on these stereotypes. In pairs, students then brainstorm together as many messages they received about their gender while growing up and analyze the source and reality of whether they are only allowed for one gender. The homework involves reflecting on a scenario in which the gender role stereotypes are reversed.

Making SMART Choices

NSES ALIGNMENT:

PD.8.DM.1 & PR.8.DM.1

HOMEWORK: Yes

TARGET GRADE: Grade 7
Lesson 8

LESSON SUMMARY:

This lesson teaches a decision-making model and helps students use it to think through a potential conflict in the school cafeteria. In trios, students they practice applying the model to a scenario involving a couple wanting to have sex. The teacher processes the reporting back of each scenario and then connects it to how different it was when their parents/caregivers were making these decisions and introduces the homework.

Let's Talk about Sex

NSES ALIGNMENT:

SH.8.IC.1 & PR.8.IC.2 & PR.8.DM.1

HOMEWORK: Yes

TARGET GRADE: Grade 7
Lesson 9

LESSON SUMMARY:

This lesson stresses the importance of how we communicate as much as what we communicate and introduces aggressive, passive and assertive communication styles. In small groups, students then practice creating assertive responses for a hypothetical couple communicating about a sexual situation, which is then turned into a scripted role-play.

(content not to be used in DCS redacted)

Being the Change You Want to See in The World

NSES ALIGNMENT:

PS.8.SM.1 & PS.8.ADV.1

HOMEWORK: Yes

TARGET GRADE: Grade 7
Lesson 10

LESSON SUMMARY:

This lesson starts with a reminder about ground rules before students engage in a forced choice activity assessing their opinions about homophobia in their school. Next an anonymous activity asking students to share a name they've been called and how it made them feel transitions into the final activity conducted in trios where students brainstorm ways their school could improve when it comes to creating a safe environment for all learners. The homework is to watch three video clips about students who made a difference in their schools and communities.

Being Smart, Staying Safe Online

NSES ALIGNMENT:

HR.8.GS.1 & HR.8.SM.2 & PR.8.DM.1

HOMEWORK: Yes

TARGET GRADE: Grade 7
Lesson 11

LESSON SUMMARY:

This lesson is reprinted from Common Sense Media and involves students looking at online safety among social networking, gaming and texting/video chatting. Students watch a video and then analyze three scenarios for possible safety concerns. The homework asks students to create a poster teaching young people after strategies to stay safe online.

Creating a Safe School: Celebrating All

NSES ALIGNMENT:

ID.8.ADV.1 & ID.8.AI.1 & PS.8.SM.2

HOMEWORK: Yes

TARGET GRADE: Grade 8

Lesson 1

LESSON SUMMARY:

This lesson looks at key criteria that can make students feel safe or unsafe at school, especially those who identify as LGBTQ. Students then complete an assessment of their school's climate for LGBTQ students and family members and identify strategies the school could use to improve the climate. The homework is watching a video about Athlete Ally and looking at sports figures who identify as LGBTQ.

The World Around Me

NSES ALIGNMENT:

 PD.8.INF.1 & PR.8.INF.1 &
 HR.8.INF.1 & SH.8.INF.1

HOMEWORK: Yes

TARGET GRADE: Grade 8

Lesson 2

LESSON SUMMARY:

This lesson looks at influences on decision-making by analyzing a scenario and the people who impacted their decision including parents, teachers, friends, media, etc. Students also compare the influences on different genders. The homework is a journaling activity connected to key learnings from the lesson regarding sexuality-related decisions.

Healthy or Unhealthy Relationships?

NSES ALIGNMENT:

HR.8.CC.1 & HR.8.SM.1 & HR.8.CC.2

HOMEWORK: Yes

TARGET GRADE: Grade 8

Lesson 3

LESSON SUMMARY:

This lesson has students in pairs review a hypothetical relationship and determine if they believe it's healthy or unhealthy and then post it under the corresponding sign. The teacher then processes the results and asks students who believe a relationship is unhealthy to work together to suggest ways it could become healthier. The homework involves students reflecting on three specific celebrity relationships and evaluating how healthy they believe those relationships to be.

Choose Your Words Carefully

NSES ALIGNMENT:

HR.8.IC. & HR.8.IC.3

HOMEWORK: Yes

TARGET GRADE: Grade 8
Lesson 4

LESSON SUMMARY:

This lesson reviews why it can be difficult to talk honestly about one's feelings when in relationships. Students in pairs then work to create a conversation given sample responses they can choose from and the teacher reflects on the activity and processes their responses. The homework is viewing a short video about how challenging communicating via text can be.

We Need to Talk

NSES ALIGNMENT:

SH.8.IC.1 & PR.8.IC.2

HOMEWORK: Yes

TARGET GRADE: Grade 8
Lesson 5

LESSON SUMMARY:

This lesson is about the importance of listening and communicating clearly and students rehearse those skills in pairs with a third student observing and providing feedback. Using a PowerPoint to guide the activity the teacher processes the activity and assigns the homework, which is practice using their listening and communication skills during a conversation with a parent/caregiver.

Talking Without Speaking: The Role of Texting in Relationships

NSES ALIGNMENT:

HR.8.CC.5 & HR.8.INF.2

HOMEWORK: Yes

TARGET GRADE: Grade 8
Lesson 6

LESSON SUMMARY:

This lesson explores the challenges of communicating clearly solely by text using some examples of when messages can be interpreted in different ways. Students will analyze a scenario in which a couple got into a fight based on a miscommunication via text. The homework is a worksheet designed to have students reflect on their preferences around the use of technology when communicating with a partner.

Warning Signs: Understanding Sexual Abuse and Assault

NSES ALIGNMENT:

PS.8.CC.1 & PS.8.AI.1 & PS.8.IC.1 & PS.8.CC.2

HOMEWORK: Yes

TARGET GRADE: Grade 8
Lesson 7

LESSON SUMMARY:

This lesson starts with a trigger warning and a reminder about ground rules before starting with a video clip reviewing the key facts about sexual assault and abuse. Students learn about the continuum of abuse focusing on consent, mutual consent, threats, aggression and rape. The lesson ends with another video clip looking at an abusive relationship, the warning signs and how victims can seek help and support. The homework assignment is to visit one of three sexual assault websites for teens and respond to questions about their services.

Birth Control Basics

NSES ALIGNMENT:

PR.8.CC.3 & PR.8.CC.4 & PR.8.AI.2

HOMEWORK: Yes

TARGET GRADE: Grade 8
Lesson 8

LESSON SUMMARY:

This lesson provides information about birth control commonly used by teens by breaking it into three categories – long-acting, short-acting and works right now. Students look at a fertility timeline for a typical 8th grade couple and then students play Two Truths and a Lie while sorting methods into one of the three categories. The homework assignment is to write one thing about condoms anonymously on an index card for use during the next lesson.

Using Condoms Effectively

NSES ALIGNMENT:

PR.8.SM.1 & SH.8.SM.1

HOMEWORK: Yes

TARGET GRADE: Grade 8
Lesson 9

LESSON SUMMARY:

This lesson involves students putting the steps to using a condom correctly in the correct sequence while in small groups and then the teacher demonstrating correct condom use based on their responses. The teacher then shows the internal condom and gives information about ways to reduce risk of infection and pregnancy. The homework assignment is to find examples in the media of people talking about safer sex.

STD Basics: Reducing Your Risks

NSES ALIGNMENT:

SH.8.GS.1 & SH.8.AI.2

HOMEWORK: Yes**TARGET GRADE:** Grade 8
Lesson 10**LESSON SUMMARY:**

This lesson reviews information about decision-making as it relates to preventing STDs by having students complete a worksheet on prevention and transmission. The worksheet includes a question about a personal plan to not transmit infections and in pairs, students share their responses to this question and end by watching the teacher project the STD Clinic locator website and identifying STD testing and treatment resources in their community. The homework assignment is to read a teen-written story about getting tested for STDs and responding to questions.

They Love Me...They Love Me Not

NSES ALIGNMENT:

HR.12.CC.1 & PS.12.INF. 1

HOMEWORK: Yes

TARGET GRADE: Grade 9
Lesson 1

LESSON SUMMARY:

This lesson uses a short video showing three different teen relationships and asks students to analyze each couple. In trios, students then analyze two scenarios and create advice for the characters including telling them where they can get support if they feel the relationship is abusive. The homework is listening to a youth podcast from a teen whose older sister was in an abusive relationship.

How Well Do I Communicate With Others?

NSES ALIGNMENT:

PR.12.IC.1

HOMEWORK: Yes

TARGET GRADE: Grade 9
Lesson 2

LESSON SUMMARY:

This communication lesson starts with a brief drawing activity completed by students in pairs to assess their own listening and communicating and analyze what strategies are effective or ineffective and why. In trios, students then look at a scenario with a couple trying to communicate about sexual decision-making and one student providing observations about their strategies. The homework assignment is to analyze an example of communication found in the media.

It Wasn't My Fault

NSES ALIGNMENT:

 PS.12.AI.1 & PS.12.IC.1 & PS.12.AI.2
& PS.12.CC.4

HOMEWORK: Yes

TARGET GRADE: Grade 9
Lesson 3

LESSON SUMMARY:

This lesson includes a presentation by rape survivors brought in from a community agency and includes Guides for Teachers in Selecting Guest Speakers as well as advance preparation to connect with the school counselor. Students are asked to prepare questions in advance and guidance is provided for facilitating the panel of guest speakers to maximize impact and minimize any triggering for students in the room. The homework assignment is to identify two reliable websites for young people who have experienced sexual assault.

Sexual Orientation, Behavior and Identity: How I Feel, What I Do, and Who I Am

NSES ALIGNMENT:

ID.12.CC.2

HOMEWORK: Yes

TARGET GRADE: Grade 9
Lesson 4

LESSON SUMMARY:

This lesson introduces the concept of “yellow flag” language (with accompanying Teacher’s Guide) while teasing apart one’s attractions to others, one’s behaviors and one’s self-identity. Next students complete a myth and fact worksheet and compare their answers in pairs before teachers use the Teacher’s Guide to process their responses. The homework involves identifying and reflecting on key learnings from individuals known to the student who identify as a range of different sexual orientations.

Understanding Gender

NSES ALIGNMENT:

ID.12.CC.1

HOMEWORK: Yes

TARGET GRADE: Grade 9
Lesson 5

LESSON SUMMARY:

The lesson defines gender, biological sex, differences of sexual development, cisgender, transgender and gender identity and then students brainstorm gender scripts for people assigned male at birth and people assigned female at birth. Using a paired activity to describe a picture of a person without using anything related to gender to help their partner guess the gender further reinforces the extent our society bases most things on gender. The homework involves students watching and responding to questions about a clip from the tv show “I Am Jazz”.

Decisions, Decisions

NSES ALIGNMENT:

PD.12.DM.1 & PR.12.D M.1 & SH.12.DM.1

HOMEWORK: Yes

TARGET GRADE: Grade 9
Lesson 6

LESSON SUMMARY:

This lesson has students engage in an activity to practice making decisions in rapid succession and then reflect on the factors that impacted their choices. The lesson introduces the DOGMA decision-making model with an example involving eating a donut and has students apply the model to a scenario involving a teen couple deciding about sex. The homework is to teach their parent/caregiver the DOGMA decision-making model and review a decision this adult has made using this model.

Sexual Decision Making

NSES ALIGNMENT:

PR.12.INF.1 & HR.12.CC. 2 & HR.12.IC.2 & HR.12.SM.1

HOMEWORK: Optional

TARGET GRADE: Grade 9
Lesson 7

LESSON SUMMARY:

This lesson was adapted and reprinted with permission from the Unitarian Universalist Association's Our Whole Lives Grades 7-9 curriculum and has students reflect on a handout looking at their readiness to be sexually intimate with another person as a starting activity. Then students work in small groups to create and practice a role-play that they eventually conduct for the whole class followed by the teacher processing the various characters' decisions. The lesson concludes with the teacher reinforcing the take-home points about the importance of students' clarifying their own decisions about sex so they can clearly communicate them with future partners.

Planning and Protection: Avoiding and Managing STD's

NSES ALIGNMENT:

SH.12.INF.1 & SH.12.GS. 1

HOMEWORK: Yes

TARGET GRADE: Grade 9
Lesson 8

LESSON SUMMARY:

This lesson uses a classic "don't pass it along" STD game with pre-marked index cards and three paired discussions to mimic transmission of infections. Teachers then process the activity very intentionally to produce a list of themes focused on risk reduction strategies which small groups then create a commercial about for the rest of the class. The homework involves students conducting interviews about STD testing and treatment.

What If...?

NSES ALIGNMENT:

PR.12.CC.4; PR.12.CC.5; PR.12.INF.2; PR.12.IN F.3; PR.12.AI.3; PR.12.AI.4

HOMEWORK: Yes

TARGET GRADE: Grade 9
Lesson 9

LESSON SUMMARY:

This lesson starts with a short video about unintended pregnancy and looks at specifics around pregnancy testing. Then in small groups, students brainstorm and analyze the three available options for people experiencing an unintended pregnancy namely becoming a parent, adoption and abortion. A short video on adoption concludes the lesson and students need to hunt for specific information about pregnancy on three teen sexual health websites for homework.

STD Smarts

NSES ALIGNMENT:

SH.12.CC.1; SH.12.CC.2; SH.12.AI.2

HOMEWORK: Yes

TARGET GRADE: Grade 9
Lesson 10

LESSON SUMMARY:

This lesson uses the popular game, Jeopardy, to review key sexual health content related to STDs including testing, symptoms, risk behaviors and accessing treatment. The exit slip has students reflect on two new facts about STDs they learned and the homework is to analyze two different sources of information about STDs for teens, one that is misleading and one that is accurate.

Creating Condom Confidence

NSES ALIGNMENT:

PR.12.SM.1 & SH.12.SM. 2

HOMEWORK: Yes

TARGET GRADE: Grade 9
Lesson 11

LESSON SUMMARY:

This lesson has students review the steps to using condoms correctly by the teacher modeling how to use condoms correctly. Then students practice placing a condom on a penis model or banana in pairs using an 11-step process and rating each other about ability to use each step and in the correct order.
(content not to be used in DCS redacted)

Rights, Respect, Responsibility: Don't Have Sex Without Them

NSES ALIGNMENT:

HR.12.CC.3; HR.12.INF. 2; PS.12.CC.3

HOMEWORK: Yes

TARGET GRADE: Grade 10
Lesson 1

LESSON SUMMARY:

This lesson uses two video clips to examine the issue of consent including one with a Consent Bot that examines how consent should and should not look in different situations. In pairs, students then create a role-play about one of five different scenarios involving two partners needing to communicate about consent. Those role-plays are performed and analyzed by the class and the homework involves students reflecting on different personal situations in which they were asking for or asked to give consent.

Know Your Options

NSES ALIGNMENT:

PR.12.CC.1 & PR.12.CC.2

HOMEWORK: None

TARGET GRADE: Grade 10
Lesson 2

LESSON SUMMARY:

This lesson has students brainstorm all of the factors that might contribute to a teen's use of contraception and then, in small groups, use a hypothetical teen and enter in their personal information to a website that will recommend the most effective forms of contraception based on their lifestyle. Next each group is given a "wrench" that may get in the way of their character using contraception and they need to brainstorm how to overcome that wrench. A teacher's guide to processing the character worksheets and "wrenches" is also included.

We All Have Rights

NSES ALIGNMENT:

PR.12.CC.3 & SH.12.CC.3

HOMEWORK: Optional

TARGET GRADE: Grade 10
Lesson 3

LESSON SUMMARY:

This lesson begins with a quiz to assess students' understanding of youth sexual health rights and then continues with an in-depth scenario about a youth who becomes pregnant unintentionally. Students examine the actions of each character in the scenario and discuss their impacts on the outcome. The optional homework is a list of questions about minor's rights in their state with specific websites where they can find the answers. A teacher's guide to the initial assessment is also included.

Let Me Tell You

NSES ALIGNMENT:

SH.12.INF.1 & SH.12.IC.1

HOMEWORK: Yes

TARGET GRADE: Grade 10
Lesson 4

LESSON SUMMARY:

In this lesson students reflect on their own communication style through an activity looking at bringing up difficult subjects or not. Then students create role-plays that involve communicating about STDs when couples are involved romantically. The homework asks students to research STD testing options in their community via a worksheet.

Using Technology Respectfully and Responsibly

NSES ALIGNMENT:

HR.12.CC.4 & HR.12.SM.2

HOMEWORK: Yes

TARGET GRADE: Grade 10
Lesson 5

LESSON SUMMARY:

This lesson reviews information about sexting and laws across the US. Students then analyze three scenarios and create advice for the characters based on their understanding of sexting laws. The homework activity involves a worksheet to track sharing information about sexting with four friends.

Our Space, Safe Space

NSES ALIGNMENT:

ID.12.SM.1; ID.12.ADV.1; PS.12.ADV.1

HOMEWORK: Yes

TARGET GRADE: Grade 10
Lesson 6

LESSON SUMMARY:

This lesson explains what lobbying is and has students prepare to lobby their principal for a new school mascot in teams. Students use the information about an effective lobbying campaign to create a sample request of their principal to improve the school climate for students who are LGBTQ. The homework assignment is on the last two Power-Point slides associated with the lesson and involves group projects and research.

Trust it or Trash It? Finding Accurate Sex Ed Info

NSES ALIGNMENT:

PR.12.AI.1 & PR.12.AI.2

HOMEWORK: None

TARGET GRADE: Grade 10
Lesson 7

LESSON SUMMARY:

This lesson helps students understand criteria by which a website would be considered accurate and reliable and then in small groups, assess one of 8 common teen sexual health website using that same criteria. Once groups have completed their assessment, each small group reports back including their opinion about whether the website should be “trusted” or “trashed” when it comes to youth sexual health.

How Do You See Me?

NSES ALIGNMENT:

PD.12.INF.1

HOMEWORK: None

TARGET GRADE: Grade 11
Lesson 1

LESSON SUMMARY:

This powerful lesson examines the preconceived notions students have about various categories of people by using an activity involving stereotypes and reflection. Through large group discussion, students then look at the connection between negative self-image and sexual decision making and end with creating an affirming message for students who might not feel confident about who they are.

My Boundaries

NSES ALIGNMENT:

HR.12.IC.2 & HR.12.SM.1

HOMEWORK: None

TARGET GRADE: Grade 11
Lesson 2

LESSON SUMMARY:

This lesson starts by defining boundaries and then students anonymously complete a worksheet rating their own comfort engaging in a variety of activities that might or might not cross people's personal boundaries. Then the worksheets are collected, shuffled and redistributed so that students represent another student's opinions when the activity is processed. Then students pair up and look at different responses to the same question and problem-solve how two people might rectify that situation if they were friends or dating with a particular focus on consent.

Is It Abuse If...?

NSES ALIGNMENT:

HR.12.IC.1; PS.12.CC.1; & PS.12.IC.2

HOMEWORK: None

TARGET GRADE: Grade 11
Lesson 3

LESSON SUMMARY:

This lesson defines five different types of abuse and then students brainstorm behaviors that could be classified as fitting in each category. Students then individually complete a worksheet looking at seven scenarios and determining whether it is abuse or not. The lesson ends with a short video that focuses on getting support for people who are experiencing any kind of abuse.

Wanted: Qualified Parent

NSES ALIGNMENT:

PR.12.DM.2

HOMEWORK: None
TARGET GRADE: Grade 11
Lesson 4

LESSON SUMMARY:

This lesson has students create a classified ad for the important qualities of being a good parent. Then, in small groups, students are to imagine working for an adoption agency and given a variety of parent applicants from whom they need to determine who will be granted the right to adopt a current available child. Particular attention is paid to how difficult parenting is for people of any age and that all parents need our support, especially young parents and young families.

Gender and Sexual Orientation: Understanding the Difference

NSES ALIGNMENT:

ID.12.CC.1 & ID.12.INF.1

HOMEWORK: None
TARGET GRADE: Grade 11
Lesson 5

LESSON SUMMARY:

This lesson defines sexual orientation, biological sex, gender and gender identity and then students engage in a brainstorming activity comparing the pros and cons of being any gender or sexual orientation. Processing of the activity focuses on how everyone has more in common than we do differences.

What are My Reproductive Rights?

NSES ALIGNMENT:

PR.12.CC.6

HOMEWORK: None
TARGET GRADE: Grade 12
Lesson 1

LESSON SUMMARY:

This lesson involves six scenarios, which are each assigned to a small group, in which students need access to the internet to research the answers to minors' rights in their state. Then each group presents their findings and time is spent discussing each. Topics covered include minors' rights to abortion, pregnant students being excluded from PE class and establishing paternity and a list of recommended websites is included to guide student research.

My Life, My Decisions

NSES ALIGNMENT:
PD.12.CC.1 & PR.12.INF.1
HOMEWORK: None

TARGET GRADE: Grade 12
Lesson 2

LESSON SUMMARY:

In this lesson students complete a worksheet to determine who they would share personal information about their sex life with and why. In pairs, students then reflect on how they decided who they would share the information with versus their results. This criteria is then utilized to review a PowerPoint that looks at a variety of decisions young people are faced with.

Sexual Rights: Who Decides?

NSES ALIGNMENT:
PS.12.CC.2 & PS.12.INF.2
HOMEWORK: None

TARGET GRADE: Grade 12
Lesson 3

LESSON SUMMARY:

This lesson mimics the real life scenario of a senior having sex with a first year student as part of a “game” and being found guilty of rape by assigning roles and having a mock trial. Students are given a wide range of roles and there is extensive guidance for the teacher about how to process the activity effectively. A resource list of support services for those who have survived sexual assault is distributed to end the lesson.

Getting Savvy About STD Testing

NSES ALIGNMENT:
SH.12.SM.1 & SH.12.ADV.1
HOMEWORK: None

TARGET GRADE: Grade 12
Lesson 4

LESSON SUMMARY:

This lesson starts with a zombie PSA showing the importance of STD testing and has student brainstorm all of the reasons why a young person might choose to get tested or choose not to get tested for infections. In small groups, students then come up with a reason that might work to convince someone who did not want to get tested for STDs to go ahead and get tested, to identify an STD testing location in their community using a website and those results are shared with the large group. The lesson ends with a short video about the importance of youth-friendly health care to ensure a positive experience for youth seeking sexual health care.

Fantasy or Reality: How Sexually Explicit Media Affects How We See Relationships IRL

NSES ALIGNMENT:

HR.12.INF.1 & HR.12.AI.1

HOMEWORK: None

TARGET GRADE: Grade 12
Lesson 5

LESSON SUMMARY:

This lesson uses a PowerPoint and two short commercials to showcase how sexually explicit media is used to sell all kinds of products. A legal definition of pornography is provided and then students in small groups reflect on a variety of magazine covers presented in the PowerPoint and its impact on women, men and people who are transgender. The lesson ends with discussion on how people's perceptions of sexuality based on the media's portrayal may impact their feelings and beliefs about their own body and relationships.

The Pleasure Principle

NSES ALIGNMENT:

AP.12.CC.1

HOMEWORK: N/A

TARGET GRADE: Grade 12
Lesson 5

LESSON SUMMARY:

This lesson on the sexual response cycle has not been released yet due to the sensitive topic area. It is currently being piloted with a range of youth.